

MANICURE & PEDICURE BY O.P.I.

MANICURE EXPRESS 25 MIN € 25,00

If you are in a hurry and need to give yourself a quick moment of pleasure, the Manicure Express is perfect.

MANICURE WELLNESS by OPI 50 MIN € 55,00

The best of manicure, to benefit from an unprecedented exfoliation, hydration and protection. A combination of massage techniques that relieve stress and tension.

PEDICURE EXPRESS 40 MIN € 35,00

Quick, effective and relaxing. A spa experience for those with limited time.

PEDICURE WELLNESS by OPI 50 MIN € 55,00

Relax with the ultimate experience. The wellness pedicure includes an effective smoothing treatment of thickened areas, restoring hydration. An enveloping massage for a sensation of incomparable relaxation.

Shellac: € 25,00 (removal € 10,00)

Nail varnish: € 15,00

Hand / Feet mask: € 15,00

HAIR REMOVAL

Half leg: € 20,00

Arms: € 20,00

Full leg: € 30,00

Under Arms: € 18,00

Bikini: € 18,00

Eyebrows & mustache: € 18,00




Back: € 25,00

Treatments can be cancelled within 6.00 pm the day before otherwise 50% will be charged



English



+39 030 91801  
(INT. 100 – 101 – 105) 
hotel@gardahotelsanvigiliogolf.it

MASSAGES WITH SCENTED OIL

50 MIN € 75,00 / 60 MIN € 85,00 / 80 MIN € 105,00

SAN VIGILIO – “Classic” massage with flavored oil. Customizable according to your needs. Recommended for those who, for once, do not want to decide.

RELAX – Relaxing massage completed with flavored oil whose base notes, heart and head give light- heartedness. Recommended for those who want to relax.

DRAINAGE – Specific massage for lymphatic drainage and vascular microcirculation. You will feel your legs light and less swollen. Recommended for those suffering from water retention.

SPORT – Dynamic and deep massage to relieve muscle tension and have good joint mobility. Recommended for those with good muscle tone.

LOCAL MASSAGES

25 MIN € 40,00

FACE & HEAD – Specific massage for face and scalp. Recommended for those who think a lot and want to shake off some thoughts.

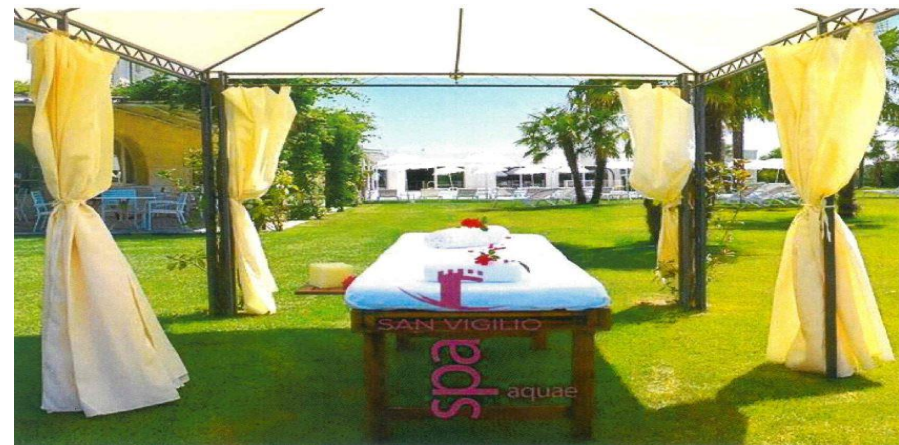
BACK & NECK – Specific massage for the back, shoulders and neck. Recommended for those who want to focus the massage on contractures and remove the weight from the shoulders.

LEGS & FEET – Localized massage to the legs and feet that gives liveliness and lightness. Recommended for those who feel heavy legs and feet.

ANTIAGE FACE – Dynamic and revitalizing massage. Recommended for those who want to relax their facial muscles and relax their face.

Treatments can be cancelled within 6.00 pm the day before otherwise 50% will be charged

SUMMER VIBES: OPEN AIR MASSAGE



SAN VIGILIO BODY PERFORMING TREATMENTS

SCRUB WITH HIMALAYA SALTS: 50 MIN € 75,00

Regenerate your skin with a delicious and exfoliating scrub with Himalayan salt and Shea butter. Deep hydration, smooth and soft skin are the evident effects of this magnificent body treatment. Recommended for dehydrated skin and for those who want to protect it from atmospheric agents and pollution.

SCRUB WITH SEA SALT: 50 MIN € 75,00

Frees the skin of the body from dead cells and impurities thanks to the massage with sea salts. It allows a greater penetration of the active ingredients contained in the products applied subsequently. Recommended for those who want clean, soft and tanned skin.

MODELLING ANTI-CELLULITE: 50 MIN € 75,00

Activating treatment of "fat-burning" mechanisms. Thanks to the manual skill of the operator and the high quality products, an effect of lifting the buttock and remodeling the thigh is created. Recommended for those who want to combine a good massage with an anti-cellulite body treatment.

CELLUPOR – MODELLING & TONING: 50 MIN € 85,00

Modeling and toning body treatment that uses electro-polysing technology and dermo-electroporation that dissolve fat and cellulite. Recommended for immediate results and for those who want to change the shape of their body.

Treatments can be cancelled within 6.00 pm the day before otherwise 50% will be charged

COUPLE RITUALS

25 MIN € 85,00 / 50 MIN € 150,00

MASSAGGIO DI COPPIA

A unique experience to share with your partner. Relax together in our romantic couple's cabin for an exciting ritual.

EMOTIONAL MASSAGE

50 MIN € 85,00 / 60 MIN € 95,00 / 80 MIN € 115,00

WELLTHERAPY

Relaxation massage par excellence, performed on a heated water bed. You will feel lulled by the rocking caused by the waves created by the operator's manual skills; all accompanied by chromotherapy and aromatherapy will make your experience unique. The massage will be performed with Shea butter which will deeply hydrate your skin. Facial massage included.

WELLBEING

Complete anti-stress massage with Shea butter. You will feel your skin soft and your body light, free of accumulated tension. The muscles relax, the tissues oxygenate and are reborn. Recommended for those who want to relax body & mind. Facial massage included.

MASSAGGE FOR THE GOLFER

GOLF MASSAGE POST-MATCH: 50 MIN € 75,00

The goal is to decongest the muscles after a day spent on the field. Slow and deep movements to relax the muscles, to allow better oxygenation of the tissues and to relieve the stress of the race. Golf balls are used for the treatment of paravertebral. Massage with specific products to relieve contractures and lighten the lower limbs.

LOCAL GOLF MASSAGE POST-MATCH: 25 MIN € 40,00

Back and neck: decontracting with golf balls

Relaxing and decontracting massage to relieve muscle tension, specifically on the erectors of the spine, shoulders and neck. Treatment of specific trigger points with golf balls.



Treatments can be cancelled within 6.00 pm the day before otherwise 50% will be charged

SAN VIGILIO PERFORMING FACIAL TREATMENTS

DEEP CLEANING: 50 MIN € 65,00

Essential treatment to prepare, cleanse and smooth our skin, it facilitates the absorption of moisturizing products and visibly improves the color of the skin. Recommended for those who want to prepare the skin to return to shine.

LED ANTIAGE: 25 MIN € 50,00

Light is an indispensable source and stimulates cellular activity, promoting the repair of damaged cells and stimulating the production of collagen and elastin. Recommended for those who want to give elasticity and firmness to their face.

DERMOLETTROPORATION – ANTI-AGE & ANTI-WRINKLE: 55 MIN € 95,00

The first needle-free filler against wrinkles with very high efficacy. The crosslinked hyaluronic acid vial gives the skin a tightening and filling effect. Recommended for expressive wrinkles and for those who want to have immediate effects.